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20 May 1959

Dear Mr. Dulles!

I am writing you this letter in Russian because my knowledge of the English language is very poor; and you, according to my information, know the Russian language well. I am a physician from Kiev, but since 1943 I have been residing in Austria with my family: my wife, my daughter (pianist) and my son (student at the Vienna University). The object of my letter to you is your brother's illness. I would like to help your brother in his serious illness (intestinal cancer with metastases). The fact is that I had _during my practice_7 several cases of hopeless intestinal cancer, some even were inoperable, and yet the good Lord helped me to cure all these cases with old-fashioned home remedies. I have been practicing / medicine / for thirty-three years and I have always given preference to home remedies, which I began to study from the very first years of my medical practice in Ukraine. Perhaps the good Lord will also cure your brother through these remedies. Give your brother to eat a good quantity of bilberries / huckleberries - CHERNIKA / in all forms: raw, as a pudding (KISEL') and in tea. Bilberries are very potent: they restore resistance of tissue cells in the human body, that is to say, they restore tissue (cell) breathing, and it is known that a normal cell changes into a cancerous one because of failure of the cell's breathing. I prescribed bilberry / diet / to my patients for three-four-five months. Already during the first month my patients felt improved, and during the third month they felt quite well. Bilberries should be eaten every day and in good quantities. Some of my patients could easily take up to one and one-half litres of bilberries per day.

In addition to bilberries I prescribed to my sick raw egg-white on an empty stomach (i.e., in the morning when the stomach is empty. The raw egg-white must immediately be followed with one teaspoonful of fresh dairy butter, and twenty minutes later with one tablespoon of a mixture, the prescription of which I have enclosed in this letter. A second spoonful must be taken during the day after a meal, and a third at night. The raw egg-white and butter protect the stomach and intestines from the loss of vitamins and some

enzymes. Their loss produces severe anaemia and gastric and intestinal haemorrhage. The mixture will help local blood circulation and will have a beneficial effect on the most important gastric and intestinal nerve (Vagus). The mixture should not be taken continuously, but in interrupted sequence. Two bottles should be taken outright, then after an interval of ten days two more bottles should be taken. The course of treatment is six bottles. Well, that is all.

Please forward my family's greetings to your brother. We respect him very much for his courage in the fight against godless communism, as well as for his faith in God. There are very very few statesmen in the world who have faith! Your family is an exception. This letter will reach you in a roundabout way. This is done so that the letter will not be lost in the mass of office routine. If you have time inform me of the receipt of this letter.

Respectfully your

Please forward our sincere greetings and condolences to your brother's wife, Mrs. Dulles.

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